

Yoga teachers' training camp in Kokrajhar



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AT Kokrajhar Bureau 9 September 2016 11252 views

Hundreds of Yoga participants participated in a month long Yoga [training](#) camp to train Yoga teachers' organized at Basic [Training](#) Centre in Kokrajhar.

The [training](#) camp was being organized by Mahila Patanjali Samiti, Kokrajhar district unit under mission and vision of Swachh Bharat Abjijan guided by Swami Ramdev to create awareness about neat [clean](#) and physically fitness among citizens in the district [as](#) well across the country. The camp would be concluded on September [10](#).

The [training](#) camp has been imparting [training](#) on various aspects of physically fitness for human life so that society could be held disease free society in the country. [Training](#) camp saw a good discussed on good health besides making exercises of physically strong through thorough share of views and thoughts on bringing about Yoga.

[Manoj](#) Kumar Mushahary, [training](#) instructor in the camp told that [training](#) has been aimed to provide information and knowledge about Yoga through which human gets good benefits.

Passing out [training](#) holders would be inducted in the schools to teach students on Yoga for which why camp organized in a well manner, Mushahary said.

“It is an initiative to bring awareness among citizens to make peoples free from diseases. We are imparting [training](#) on [Yoga](#) among participants. We are trying to create [Yoga](#) teachers so that each and villages can get [Yoga](#) teachers. Trained up teachers will be engaged [yoga](#) teachers in the schools. In Kokrajhar district, nearly about 1500 schools and 1200 villages in the district, for which why 5000 [yoga](#) teachers are required to give [training](#) among common citizens”,Mushahary added.

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Assam Times Kokrajhar bureau office, BTAD.

BY AT KOKRAJHAR BUREAU

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