

Yoga Divas on Dibrugarh Dec 12



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Pranab Kumar Nath 8 December 2013 5762 views

The Indian Yoga Culture and Yoga Therapy Centre, Guwahati in association with Swami Shivananda Yoga Jyoti and Seva Kendra, Dibrugarh will organise the Assam Yoga Divas on December 12 (Thursday) to commemorate the contribution of Swami Shivananda Saraswati, founder of Umachal Yogashram on Nilachal Hill, Guwahati. The state-level ceremony will be held with a day-long programme at Amolapatty Natya Mandir, Dibrugarh.

The inaugural programme mass yoga practice and prayer will be inaugurated in the morning by Deputy Commissioner of Dibrugarh. The programme also included open session to be inaugurated by Dr Ratan Kumar Borkotoki, while Yogacharya Subhasish, president, Indian Yoga Culture and Yoga therapy Centre, will preside the open session.

The programme will be followed by interaction session, souvenir release, felicitation, extempore speech competition, yoga demonstration, presentation of 'yoga prerona' award. For this year Dr Sukhamoy Bhattacharjee, former Principal of Cachar College and President of Yoga Bigyan Mahavidyalaya, Silchar has been selected for 'Yoga Personality award', Kiran Gogoi from Namrup, Abdul Khelque from Chaygaon, Kamrup, Shankar Devnath from Nagaon, Smt Meenakshi Barman from Mangaldoi have been selected for 'Ideal Yoga Worker Award', Ananta Saikia has been selected for 'Ideal Yoga Organiser Award', Saraswati Sishu Niketan, Chiringchapori, Dibrugarh has been selected for 'Ideal Yoga School award' and 'Lahoal College, Dibrugarh has been selected for 'Ideal Yoga college award'.

With a view to motivate the youth of Assam to attract towards Yoga and to produce at least two yoga teachers from every village to help their native people to have a healthy life, the programme is being organized -- said Alpana Gogoi Bhuyan and Md Muzibur Rahman, secretary and president of the celebration committee.

Pranab Kumar Nath

BY PRANAB KUMAR NATH

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