

Transformation – An Antidote to Terrorism



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[Terrorism](#) is not new, though it has come in a new incarnation.

Throughout our history, invaders like the Huns, Taimur Lane, Nadirshah, Mahmood Gaznavi to Hitler, Stalin, Mao, all are part of a chain of terrorists. The major difference is now that [terrorism](#) is no longer limited to a particular area or a geographical territory. It has become globalized. Now everyone in the world feels threatened and terrorized.

[Terrorism](#) is an ideological violence essentially rooted in unconscious human behavior. It shows its heinous form when governed by hypnotic conditioning. Osho points out, “[Terrorism](#) is not in the bombs, in your hand, [terrorism](#) is in your unconscious.” Religion, in most cases, has proven Marx right for functioning [as](#) an “opium” and has consequently reigned terror on men, women and children. Ironically, more often than not religion has taken God for a ride and has sold ideology around it with force, often brutal.

Existing nuclear and biological weapons have placed humanity at grave risk. Hence, in the context of our present day-to-day reality, how do we keep the human life free from [terrorism](#)? How do we transform the energy used for [terrorism](#) into tranquility? The first need obviously is to get out of the trap of dogmatic, [blind](#) following of religion. We will need to bring more celebration in our life – more joy, more laughter. A happy person can never become a terrorist. We will have to move from Gun Culture to Fun Culture. Life is not a problem to be solved by violent means; it is indeed a gift to be shared by living joyously.

What we need in essence is a pledge to making this world for our future generation a better place to live and enjoy. First, we need to make a conscious commitment to be free of all conditionings, patterns of belief and behavior, trappings of de-humanizing ideologies. Further, we need to help our children remain free from all that breeds hatred, violence, prejudice, aggression.

You live in [fear](#), not in joy. If we can [clean](#) the basement of the human mind's unconscious... and that's what my work is. It can be cleaned away. [Terrorism](#) is not in the bombs, in your hands; the [terrorism](#) is in your unconscious. The situation is that every human being needs to go through therapies, needs to understand his unconscious intentions, needs to go through meditations so that he can calm down, become cool - and look towards the world with a new perspective, of silence.

--Osho

Ma Prem Naina

Ma Prem Naina born in Jorhat, Assam, was initiated into Sannyas in 2003 at Oshodham, New Delhi. She is an MBA and also holds a Master's degree in Mass Communication. Deeply inspired by the love and dedication of the founder of the Osho World Foundation in Delhi, Swami Om Prakash Saraswati, she left her career as a producer/journalist to join in Osho's caravanserai. She presently heads the publications and media relations at Osho World Foundation, New Delhi.
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