

Season of self defence for women



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Nikhil Mundra 28 March 2018 11284 views

HOJAI: In a bid to empower [girls](#) by [training](#) them in the art of self-defence State Level Advisory Commiittee For Students And Youth Welfare is holding "Self Defence Coaching For [Girls](#)". The coaching is continuing since 22nd March will conclude on Saturday Adarsha Bidya Niketan High School,Hojai [Campus](#).

A Total of 120 Girls from four school of Hojai town are learning the skills of self defence. 17 Girls from Skylark English Academy, 23 Girls from [Gandhi](#) Vidya Pith High School, 40 Girls from Abdul Hasib Girls High School and 40 Girls from Adarsha Bidya Niketan High School.

Sumit Dutta,[Principal](#), Skylark English Academy and KP Dutta, Head Master of Adarsha Bidya Niketan High School are playing vital role' s in managing the entire event.

Talking to Assam Times, Sumit Dutta, said, "Girls learning self-defence techniques will raise self-confidence and empower them to face any adverse situation."

He added that every school as well as parents should encourage [girls](#) to take part in such coaching events and let them learn at least the basic skills of self-defence.

HOJAI:

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BY NIKHIL MUNDRA

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