

National Sports Day Observed at SAI Kokrajhar



Comments 0



AT Kokrajhar Bureau 29 August 2025 15281 views

KOKRAJHAR, AUG 29: The Sports Authority of India (SAI) Training Centre in Kokrajhar joined the rest of the state in celebrating National Sports Day 2025 on Friday. The three-day event, running from August 29 to 31, was held in honour of hockey legend Major Dhyan Chand.

The programme opened with floral tributes to Dhyan Chand and the Fit India Pledge, followed by a friendly hockey match among SAI students. The celebration is part of the Fit India Mission, aiming to promote sports participation and healthy living.

Observed annually on August 29, National Sports Day commemorates Dhyan Chand's birth anniversary and has been recognised nationally since 2012. It was also the launch platform for the Fit India Movement in 2019.

This year's theme, *"Ek Ghanta, Khel ke Maidan Main"*, calls on citizens to dedicate at least an hour daily to physical activity to prevent lifestyle-related illnesses.

The programme was attended by SAI Kokrajhar Station Director Babul Basumatary, sports organisers Maguram Balary and Sarada Prasad Paul, along with other dignitaries.

AT Kokrajhar Bureau

Assam Times Kokrajhar bureau office, BTAD.

BY AT KOKRAJHAR BUREAU

NTPC Bongaigaon establishes football field for Kokrajhar youth

Muga Field Day promotes scientific silkworm rearing in Kokrajhar

Nearly 60 CIT Kokrajhar students fall ill after hostel dinner

BTC venture teachers seek government support before Supreme Court

ABSU burns copies of 'Hamkoshar Parishista' over Bodo script issue

ON THIS DAY

Road safety awareness programe held in Kokrajhar

Believers Eastern Church Satgaon Mission Diocese Cleanliness Drive

Why has Egg become Danger for Manipur?

Orthopaedic doctors to conduct media OPD clinic

Believers Eastern Church Satgaon Mission Diocese Organises Swachta Hi Sewa

RELATED

People's consultation on agroecology, climate adaptation concludes in Jorhat

USTM concludes workshop on academic writing and scholarly publishing

'Grit & Glory' released in Guwahati, highlights RSS work in Northeast

Young poet Avinash Bastabha's 'The Tale of Termites' unveiled in Jorhat

Art exhibition raises awareness for vulture conservation in Jorhat
