

Body-fat check up camp concludes in press club



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Nava Thakuria 2 April 2014 17380 views

Most of the journalists who attended the body-fat check-up camp for scribes in Guwahati Press Club today (Wednesday) diagnosed with preliminary obesity problems.

Organized by Wellness Centre, Guwahati the camp witnessed nearly 100 media persons' participation in the camp. While the male journalists were diagnosed with overweight, most of the female scribes were reported under weight.

SN Dutta, nutrition and weight management consultant supervised the camp, where visceral fat, sub-cutaneous fat, muscle mass, body metabolic age, body mass index etc were also examined.

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BY NAVA THAKURIA

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