

Assam police constable runs barefoot, sets record



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editor 1 February 2012 16526 views

Assam police constable Abhijeet Baruah on Tuesday entered the Guinness Book of World Records by running barefoot more than 150 km in 24 hours in Jorhat.

The 22-year old police constable achieved it at 3:43 in the afternoon after running 156 km and 200 km till 4:00 in the afternoon.

The run was flagged off on Monday at 3:56 in the afternoon by the observer for the Guinness Book of World Records B K Chandrasekhar Tiwari at the approach to the Tarajan bypass on the western outskirts of Jorhat town.

The run ended at the same spot from where it began and after he completed it, he ran upto a nearby temple and offered his prayers before being whisked away to the hospital.

The route included running to and from along the Tarajan Bypass on the eastern outskirts 19 times, the distance from one flank to another being 10 km.

The route was marked every 100 metres in accordance with the guidelines of the global records body.

An upbeat Abhijit said, "by the blessings of the Almighty, my parents, friends, well-wishers like the club members and my department, I have been able to complete the run and make my country and state proud."

editor

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